

S038 Way of St. James (Camino) - Lugo to Friol

↔ 30.7 km

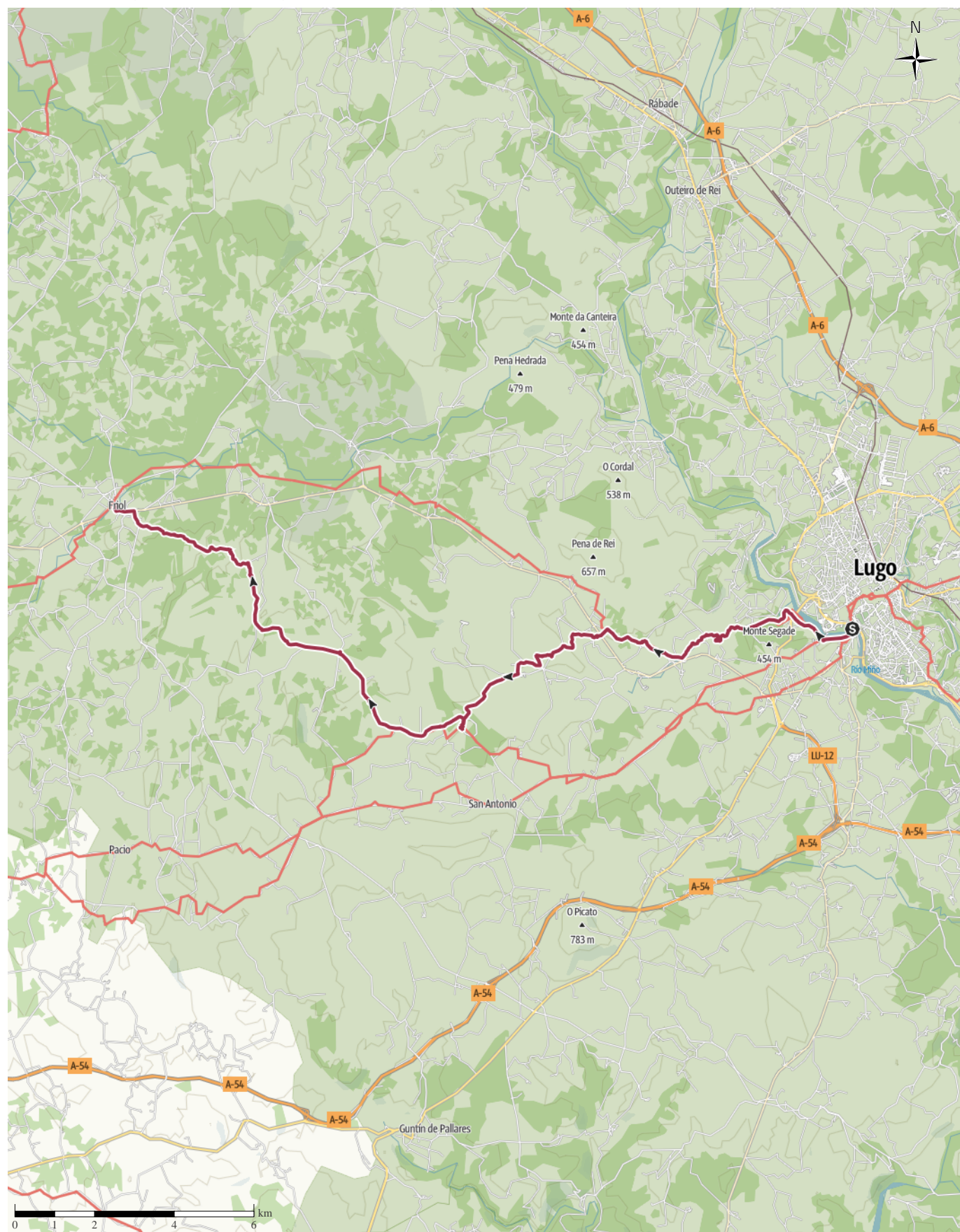
🕒 8:06 h

▲ 440 m

▼ 340 m

Difficulty

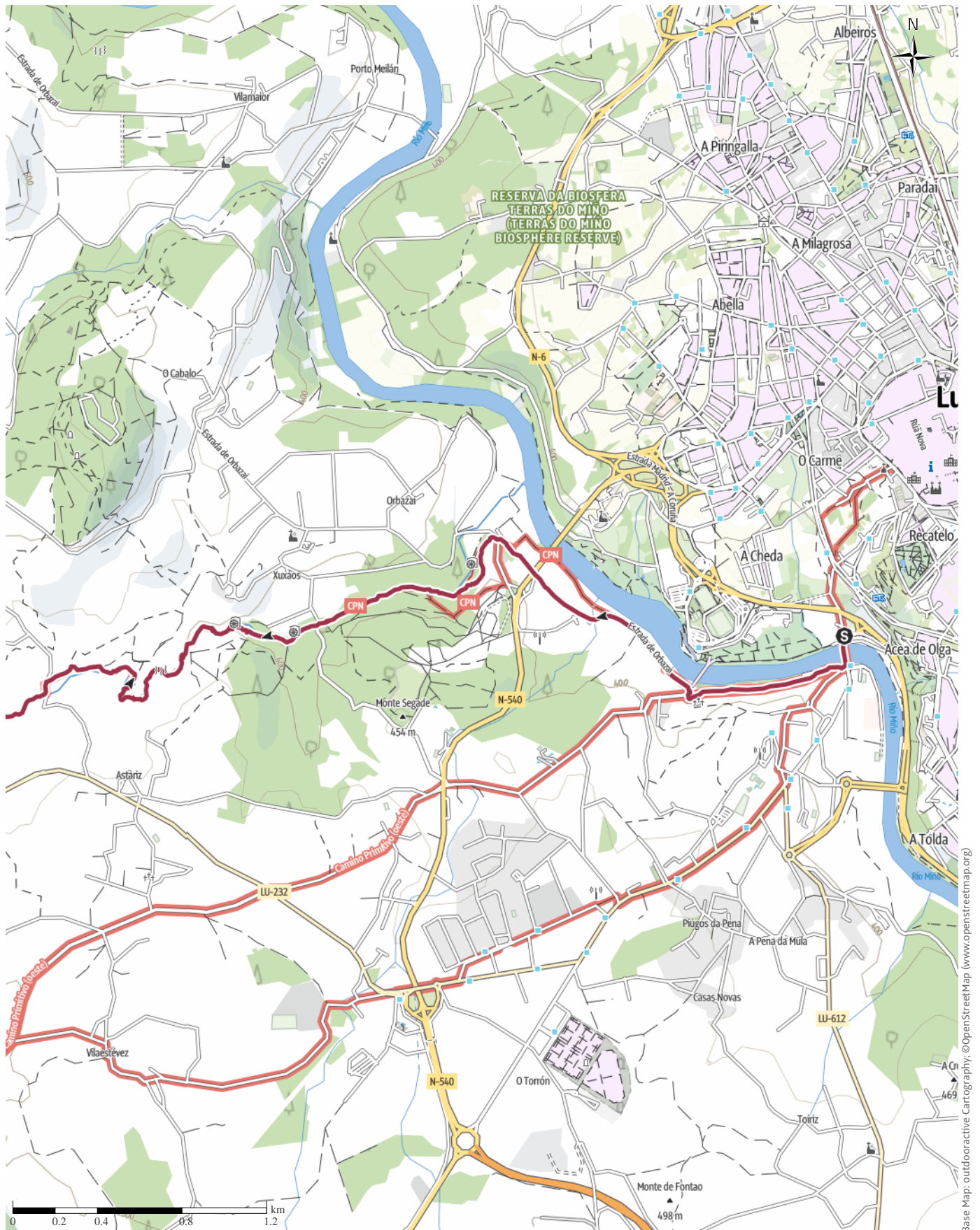
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Base Map: outdooractive Cartography; ©OpenStreetMap (www.openstreetmap.org)

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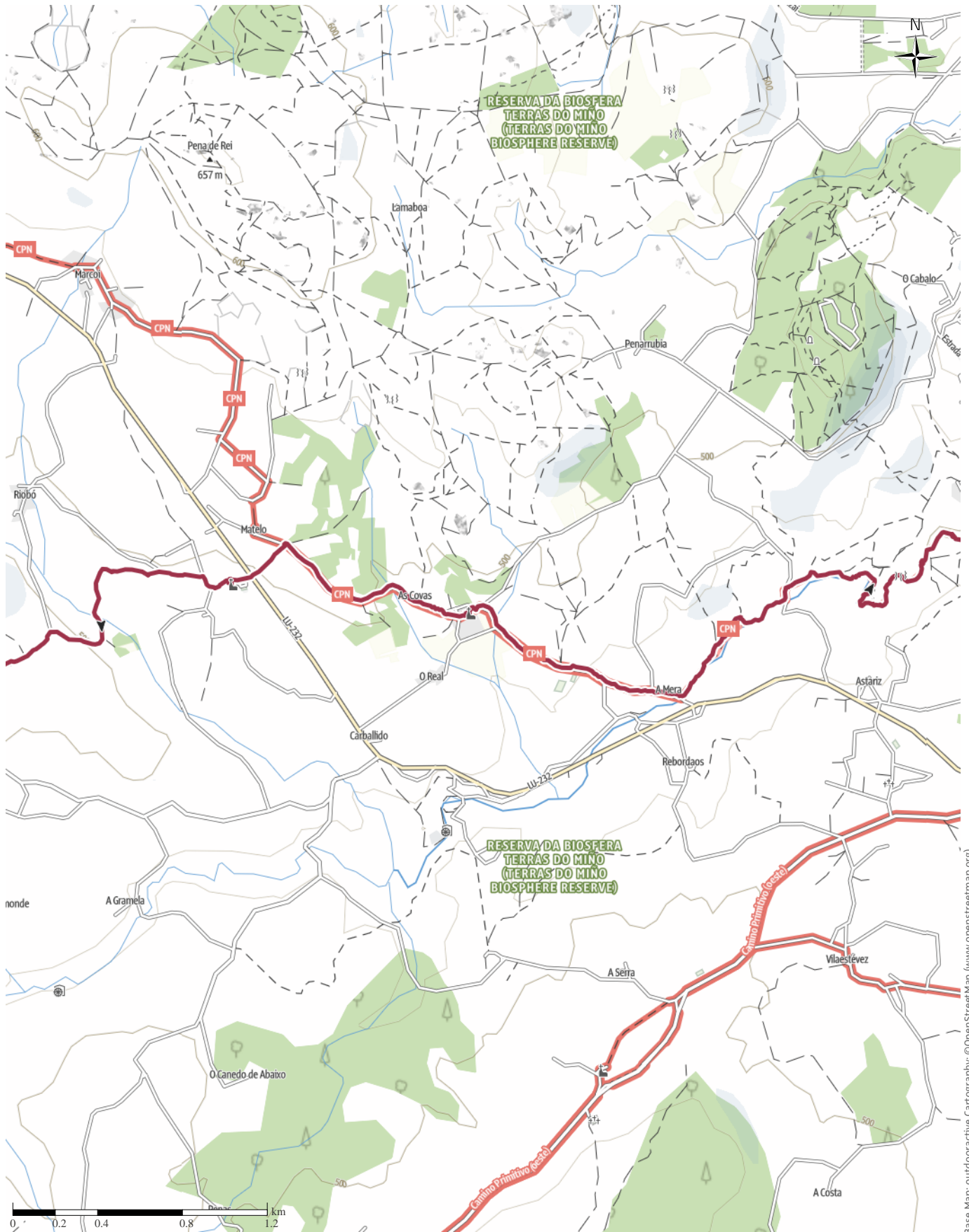
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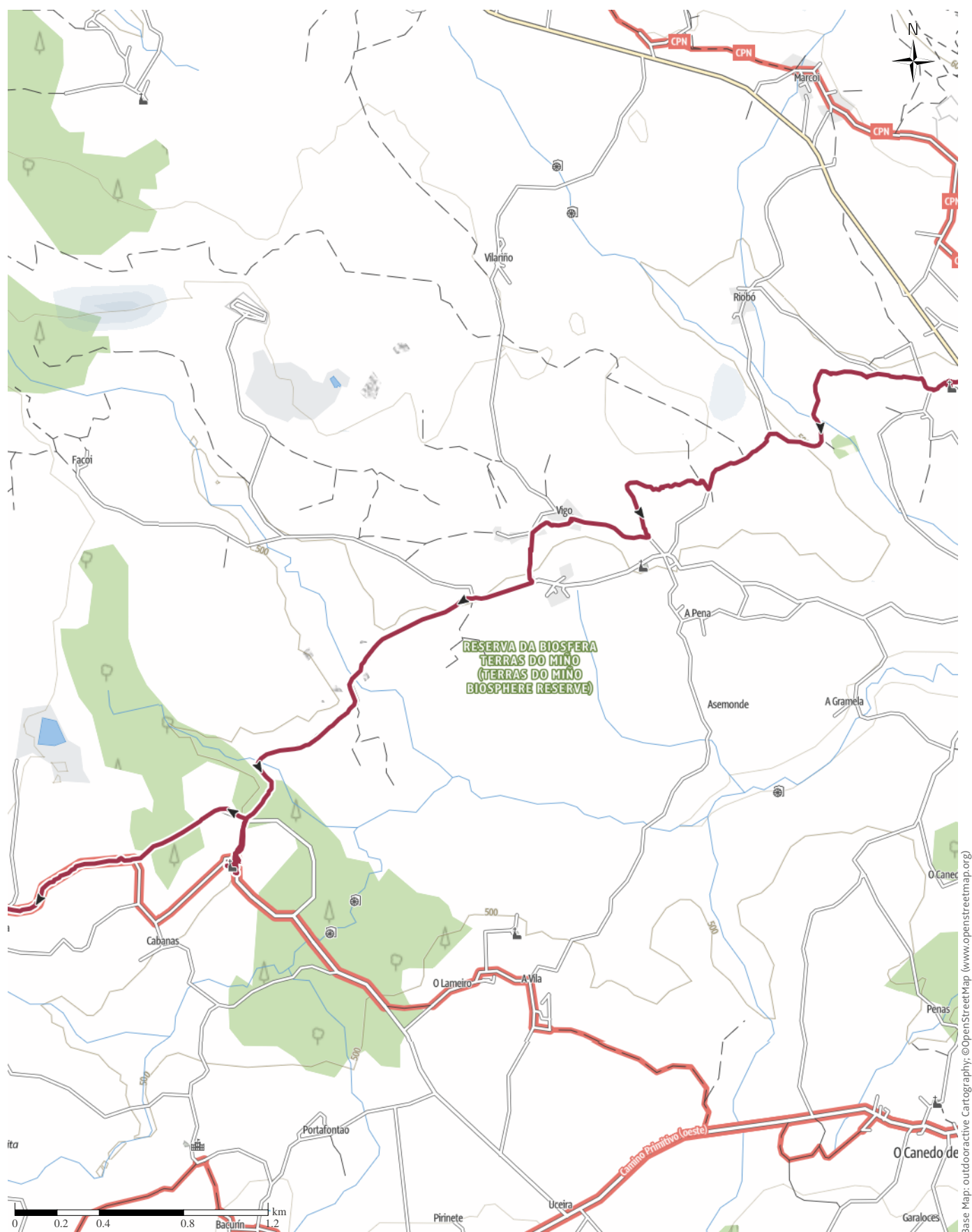
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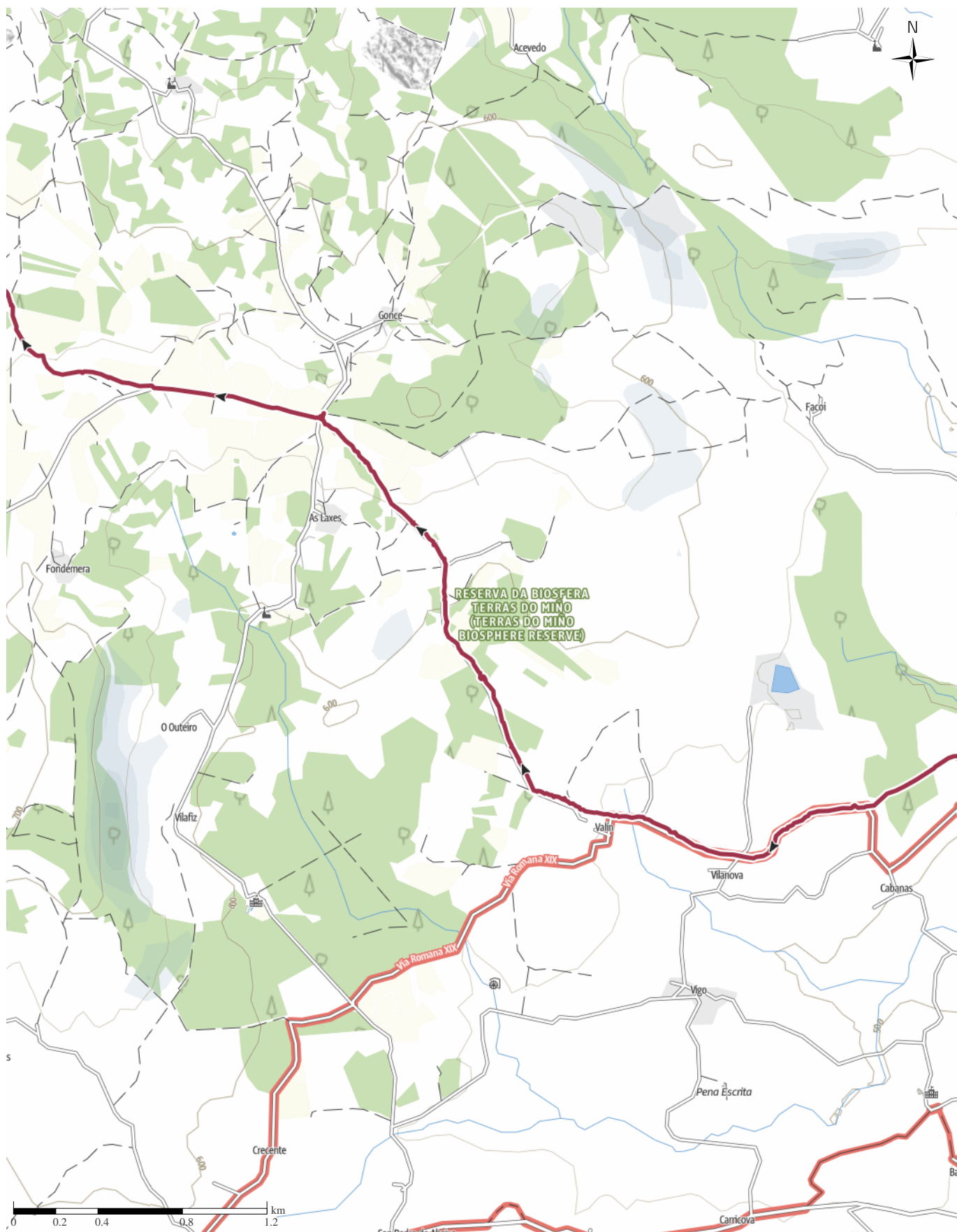
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⬆️ 440 m

⬆️ 340 m

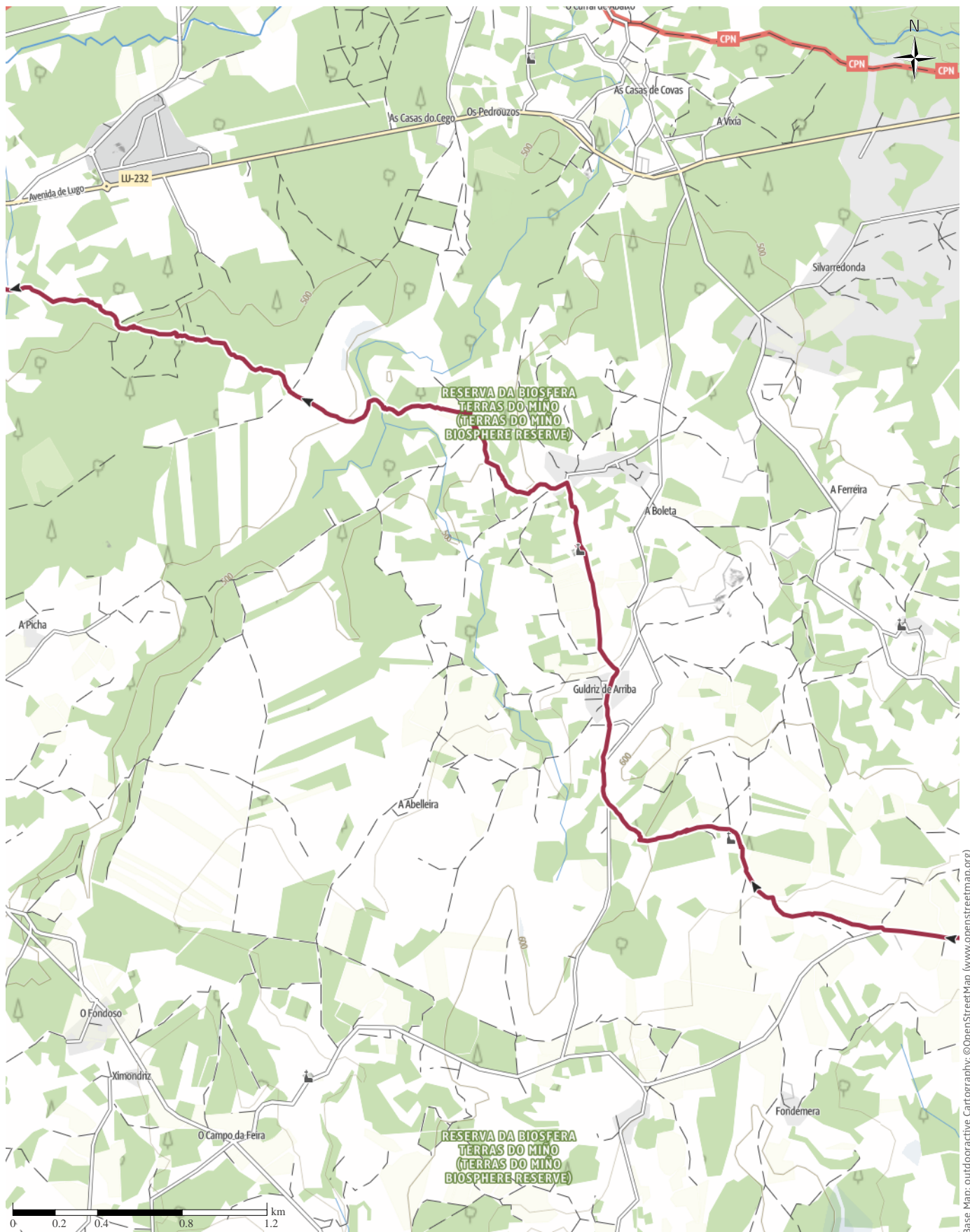
Difficulty

-



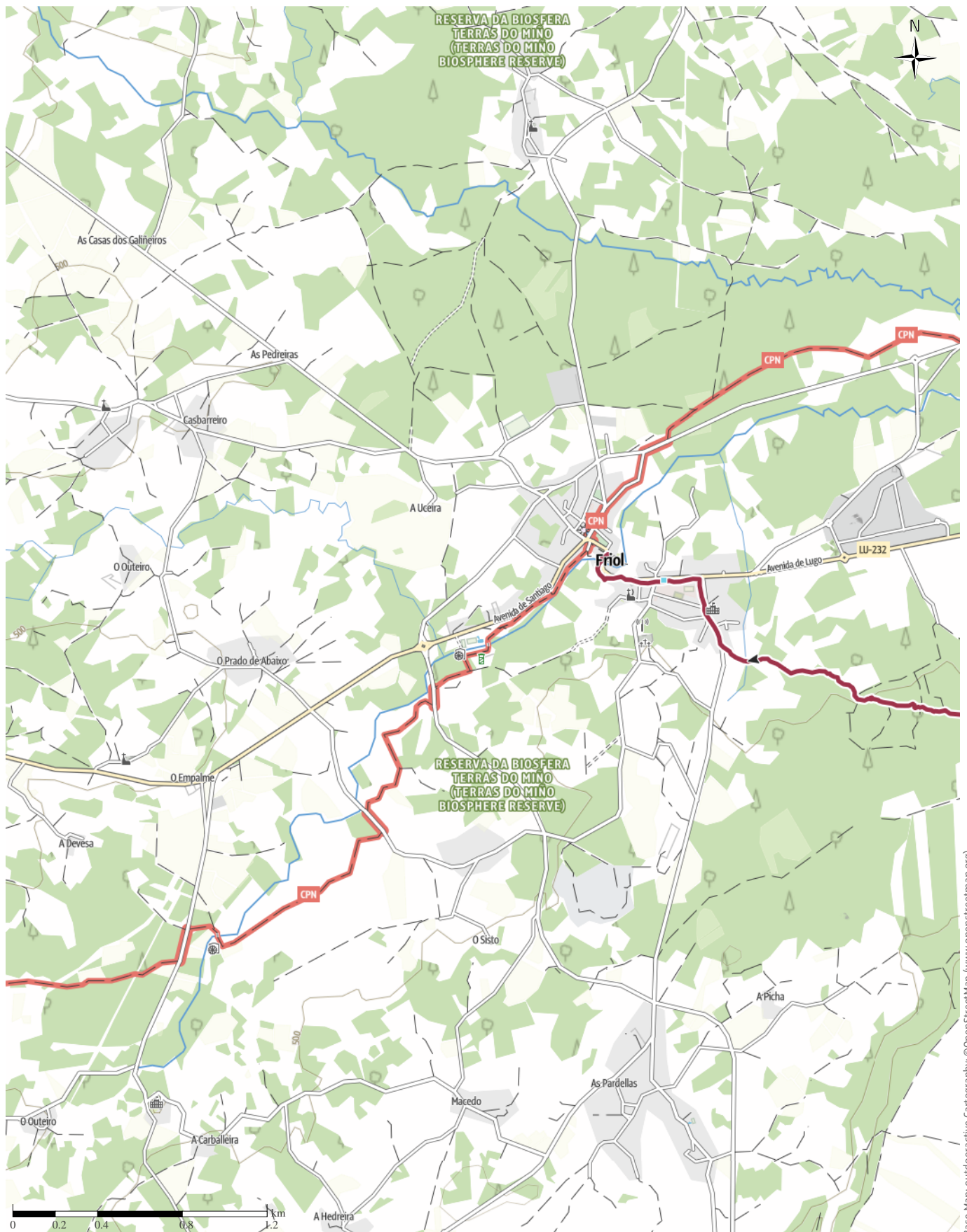
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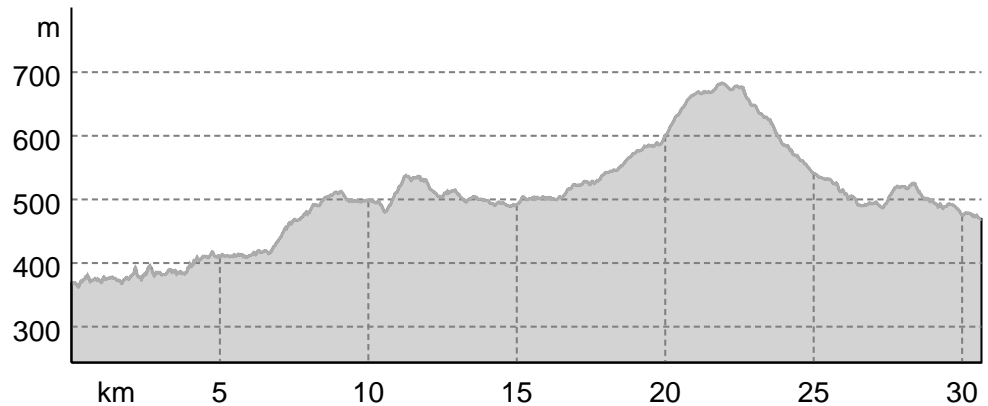
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Elevation profile



route data

Hiking route

Distance ↔ 30.7 km

Duration ⌚ 8:06 h

Ascent ▲ 440 m

Descent ▼ 340 m

Difficulty

-

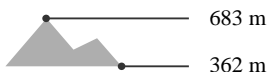
Stamina



Technique



Altitude



Best time of year

JAN | FEB | MAR

APR | MAY | JUN

JUL | AUG | SEP

OCT | NOV | DEC

Ratings

Authors

Experience



Landscape



Community

More route data



Angus Carrick

Update: January 05, 2024

Camiño Verde, the Green Camino, is a crossover from Lugo on the Primitivo, to Sobrado dos Monxes on the Norte, waymarked with green arrows through a tranquil and beautiful rural area,

Camiño Verde, the Green Camino, is a crossover from Lugo on the Primitivo, to Sobrado dos Monxes on the Norte, waymarked with green arrows through a tranquil and beautiful rural area, mainly on farm and forest tracks. We woke early, and had a quick breakfast in our room, before tip-toeing out of the hostel. (We had a private room, and never did discover if any other pilgrims were staying in the dormitory) After an initial argument - Sue wanted to follow the green arrows and Angus wanted to dive through a hole in the hedge and

along a narrow track in the undergrowth- we found a pleasant path beside the river. This continued past small waterfalls and former water mills, partly on raised walkways. We kept following the green arrows, sometimes accompanied by yellow and pink arrows, and in general the way was well marked. The countryside was very empty, and we saw more dogs and cows than people, and of course several closed churches. This area also had a fascinating feature - little rectangular storage houses, usually on stone "mushrooms" to keep the rats out, and topped with a cross and a spear head. We found ourselves travelling on paths between ancient walls spaced wide apart, probably for driving cattle but in some cases so overgrown we had to push through gorse and clamber over trees. We worked our way via roads and paths to the unique third century Roman sanctuary of Santa Eulalia de Bóveda containing some original frescoes, which was much smaller and didn't have the museum

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we expected. After a long haul over the hills with wide views, and trudging through muddy moorland, we arrived at Friol to the sounds of bagpipes, where there was a concert in progress in the town square.

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

<https://out.ac/IPhECT>

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Third century Roman sanctuary of Santa Eulalia de Bóveda

Photo: Angus Carrick, Community


















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Legend









Topography

	Wood, forest
	Moor, swamp, marsh
	Heath
	Residential area with single building
	Industrial area with single building
	Cemetery
	Golf course
	Sportsfield, stadium
	Stadium
	Open-air pool
	Vineyard
	Petrograph
	Country border
	State border
	District border
	Contour line
	Special use area
	Nature reserve











Topographic signs

	Summit cross
	Elevation point
	Rock
	Cave
	Church
	Chapel
	Cemetery
	Palace/Castle
	Abbey
	Monument
	Ruin
	Mine
	Cairn
	Broadcasting tower
	Windwheel
	Water-/windmill
	Viewpoint

Road and track

	Motorway
	Highway
	Statat road
	Road
	Main agricultural road
	Agricultural road
	Trail
	Via Ferrata

Lifts and railway

	Ropeway lift
	Gondola lift
	Chairlift
	Ski-, draglift
	Aerial ropeways
	Railway
	Suburban train
	Subway
	Tram
	Railway station