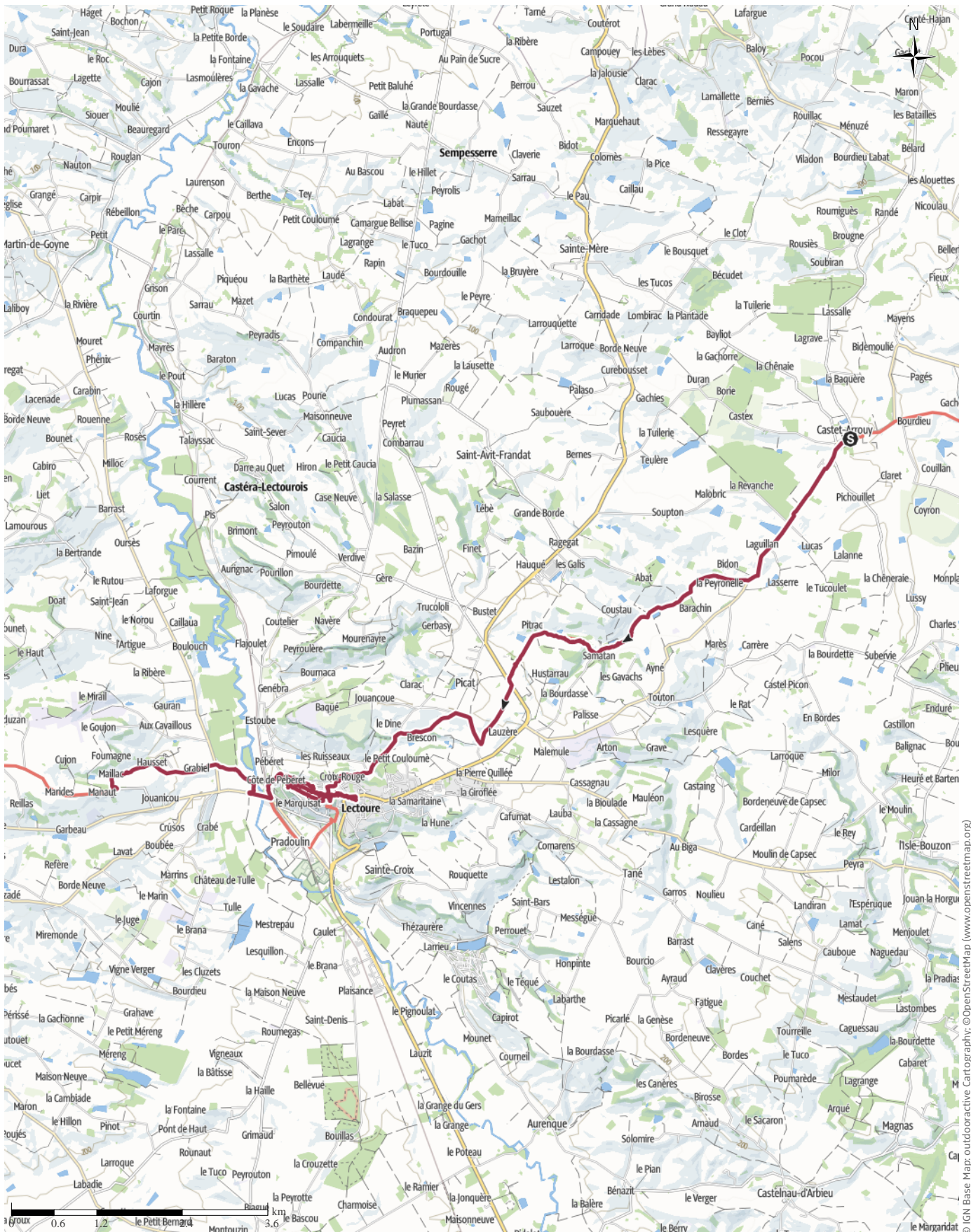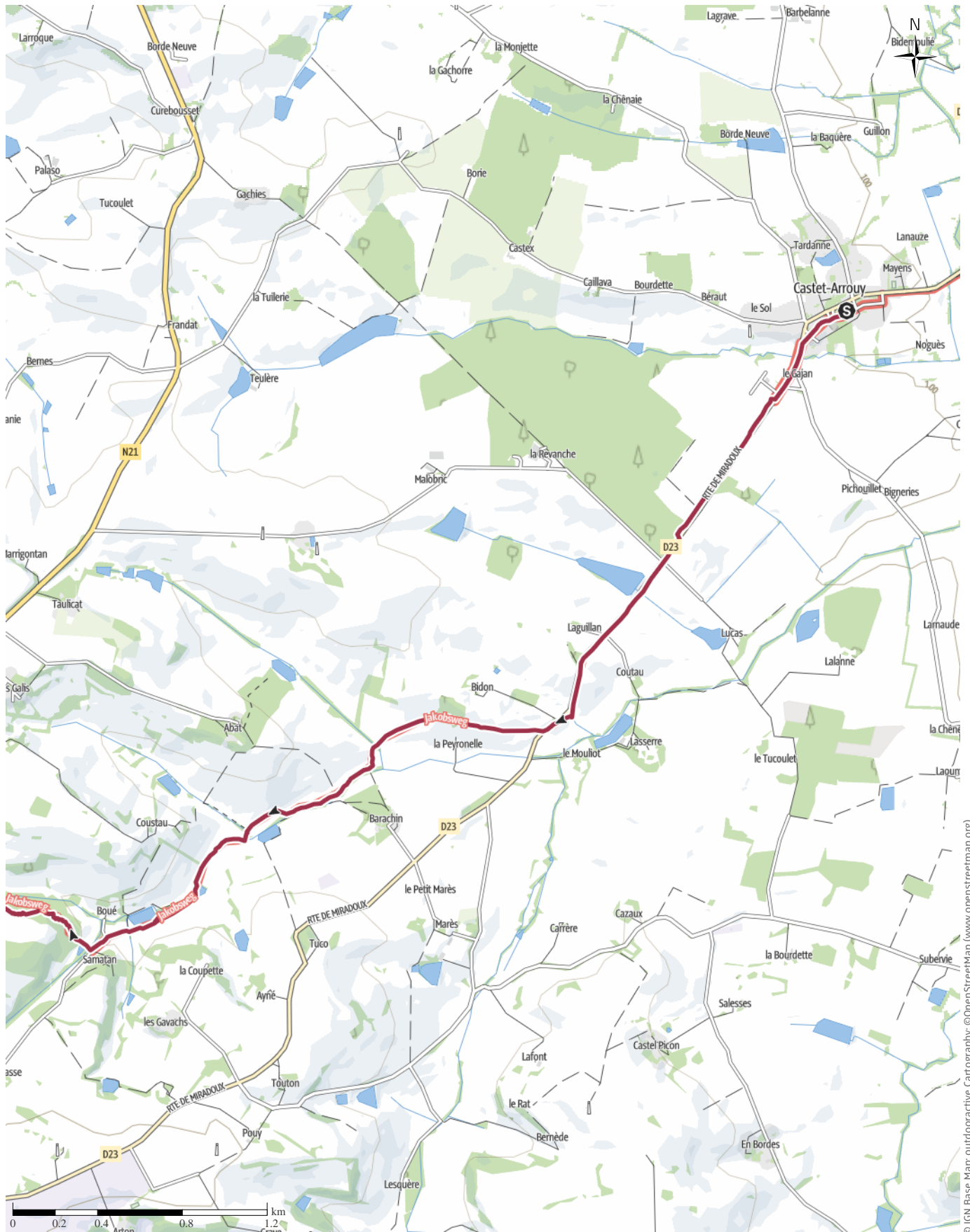**Hiking Route**

F46 Way of St. James (Camino) Castet-Arrouy to Lectoure

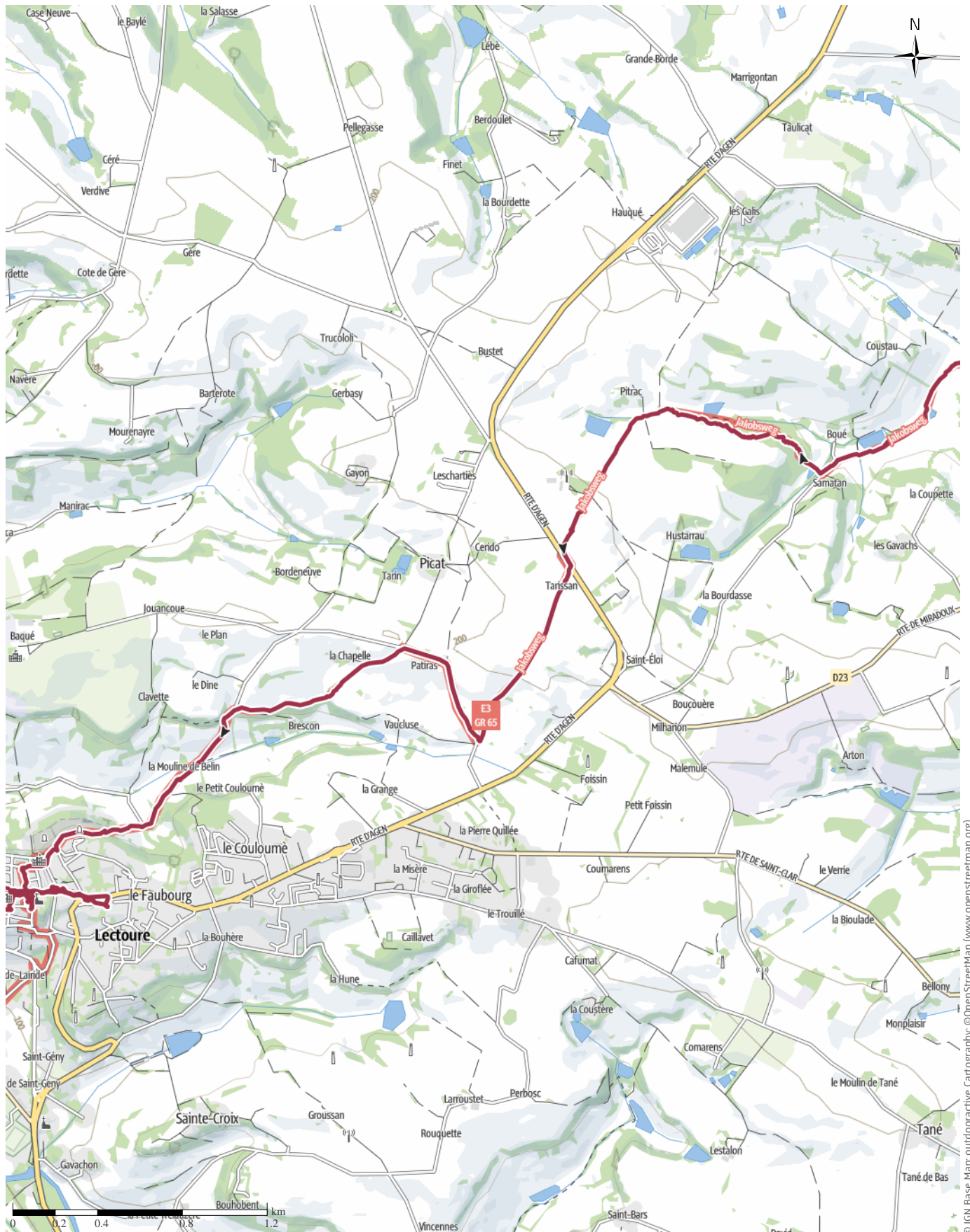| ←→ 20.3 km | 🕐 5:34 h | ◢ 283 m | ◣ 233 m | Difficulty | – |

F46 Way of St. James (Camino) Castet Arrouy to ...

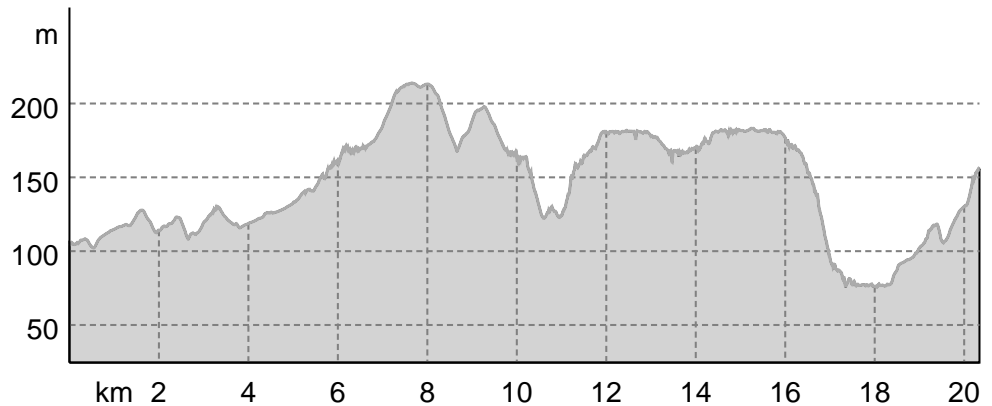| ↔ 20.3 km | 🕐 5:34 h | ◢ 283 m | ◣ 233 m | **Difficulty** – |

↔ 20.3 km   🕐 5:34 h   ◢ 283 m   ◣ 233 m   **Difficulty**   -

outdooractive

| ↔ 20.3 km | 🕐 5:34 h | ◢ 283 m | ◣ 233 m | Difficulty | - |

© IGN Base Map: outdooractive Cartography: ©OpenStreetMap (www.openstreetmap.org)

Elevation profile

route data

Hiking route

Distance	↔	20.3 km	**Difficulty**	–
Duration	🕐	5:34 h	**Stamina**	■■■■■■
Ascent	📈	283 m	**Technique**	■■■■■■
Descent	📉	233 m	**Altitude**	

Altitude: 214 m / 76 m

Best time of year

JAN | FEB | MAR
APR | MAY | JUN
JUL | AUG | SEP
OCT | NOV | DEC

Ratings

Authors

Experience	■■■■■■
Landscape	■■■■■■

Community

More route data

Angus Carrick

Update: December 09, 2022

After being refused entry in one cafe, we found a very welcoming one! Stayed in an unheated farmhouse on the outskirts.

We set off after a good breakfast along well prepared paths that avoided hard road surfaces, and arrived at Lectoure around lunch time. The market was just closing, but we managed to get some sausages and cheese. However, we were refused entry to a café/bookshop, and the friendly tourist office implied that the owner wasn't friendly to anyone, and recommended a restaurant down the road, where we had excellent asparagus for lunch.and then after looking around the town and church, we had coffee and pain-au-chocolate in a little bakery on the outskirts. To the amazement of a shop owner, who came out to look, it started to snow briefly as we set off

again. After a short walk across country, we found our Gite in Espazot, which turned out to be an unheated farmhouse where we were the only guests. Once we had found the lady in charge, we had a nice meal and were given an electric heater to warm up the small upstairs bedroom and eating area, and in fact slept very well.

More photos can be found here: Angus&Sue's Website

Takeaway route for iPhone and Android

Scan QR code, save this route offline, share with friends and more...

Website

https://out.ac/IFYMEe

Photo: Angus Carrick, Community

Legend

Topography

	Wood, forest
	Moor, swamp, marsh
	Heath
	Residential area with single building
	Industrial area with single building
	Cemetery
	Golf course
	Sportsfield, stadium
	Stadium
	Open-air pool
	Vineyard
	Petrograph
	Country border
	State border
	District border
900	Contour line
	Special use area
	Nature reserve

Topographic signs

	Summit cross
	Elevation point
	Rock
	Cave
	Church
	Chapel
	Cemetery
	Palace/Castle
	Abbey
	Monument
	Ruin
	Mine
	Cairn
	Broadcasting tower
	Windwheel
	Water-/windmill
	Viewpoint

Road and track

A7	Motorway
B309	Highway
L333	Statal road
OA8	Road
	Main agricultural road
	Agricultural road
	Trail
	Via Ferrata

Lifts and railway

	Ropeway lift
	Gondola lift
	Chairlift
	Ski-, draglift
	Aerial ropeways
	Railway
	Suburban train
	Subway
	Tram
	Railway station