

# vf020 Via Francigena Aosta to Nus

↔ 15.7 km | ⌚ 4:35 h | ▲ 317 m | ▼ 360 m | Difficulty moderate



Base Map: outdooractive Cartography. ©OpenStreetMap (www.openstreetmap.org)

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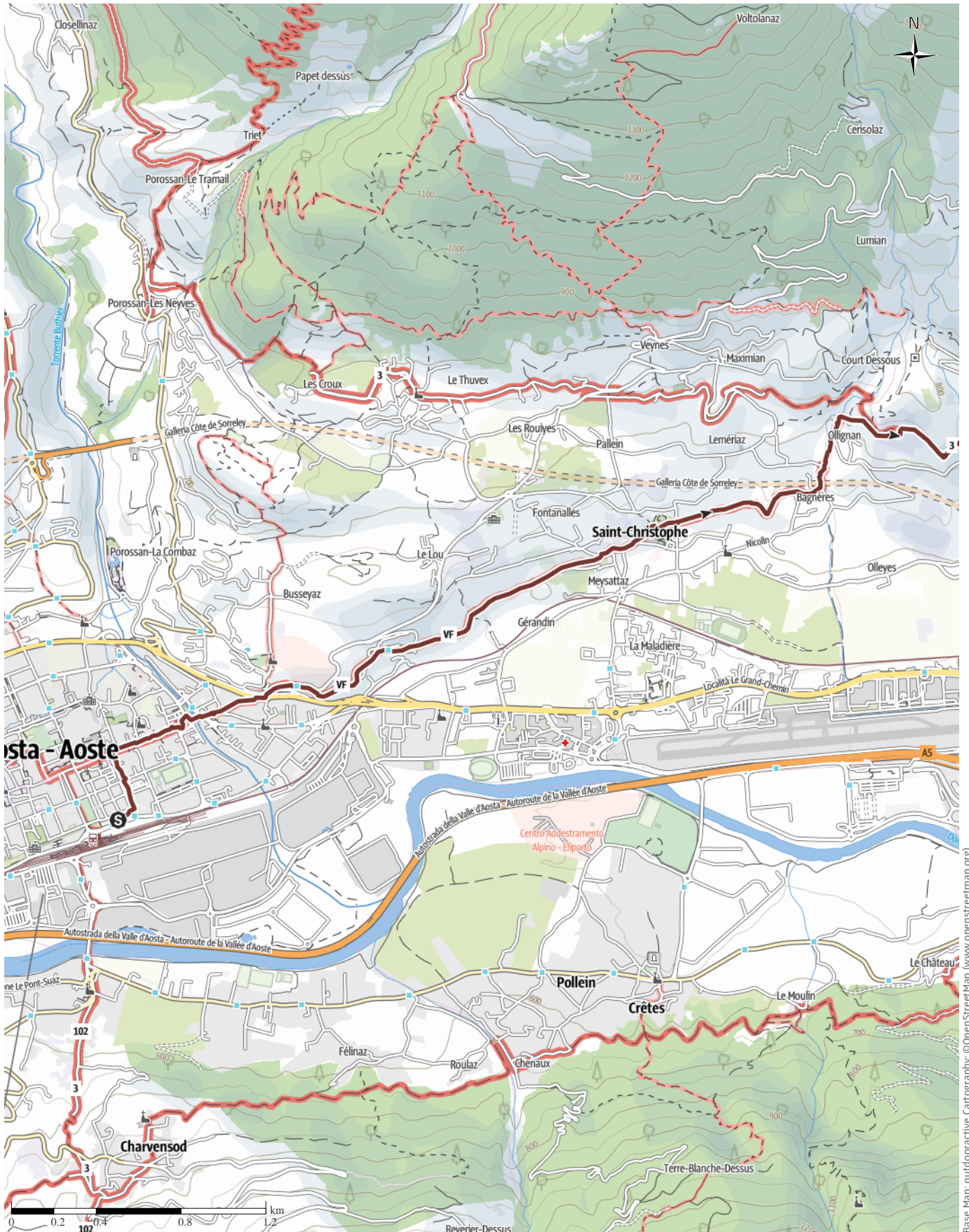
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Difficulty

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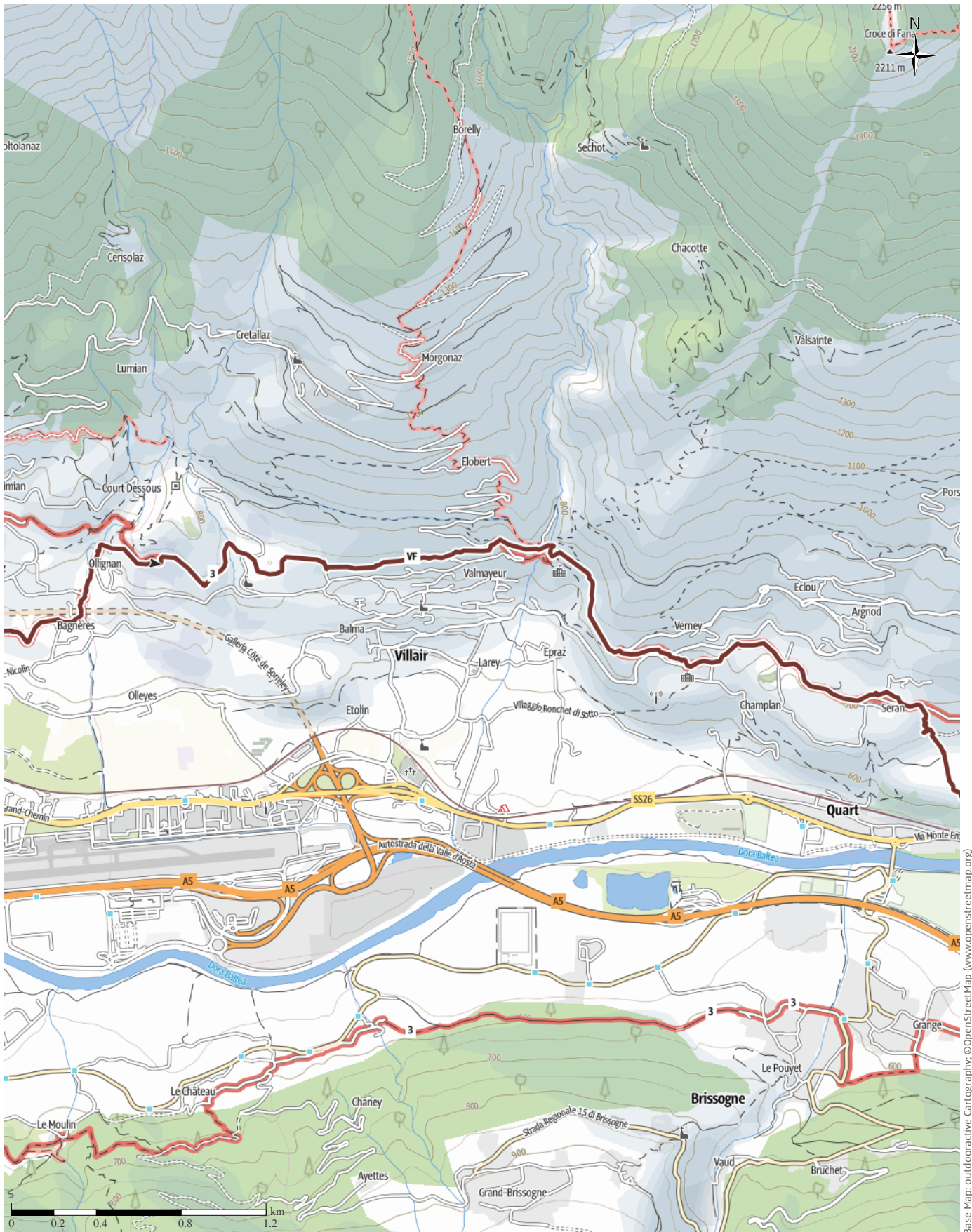
🕒 4:35 h

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Difficulty

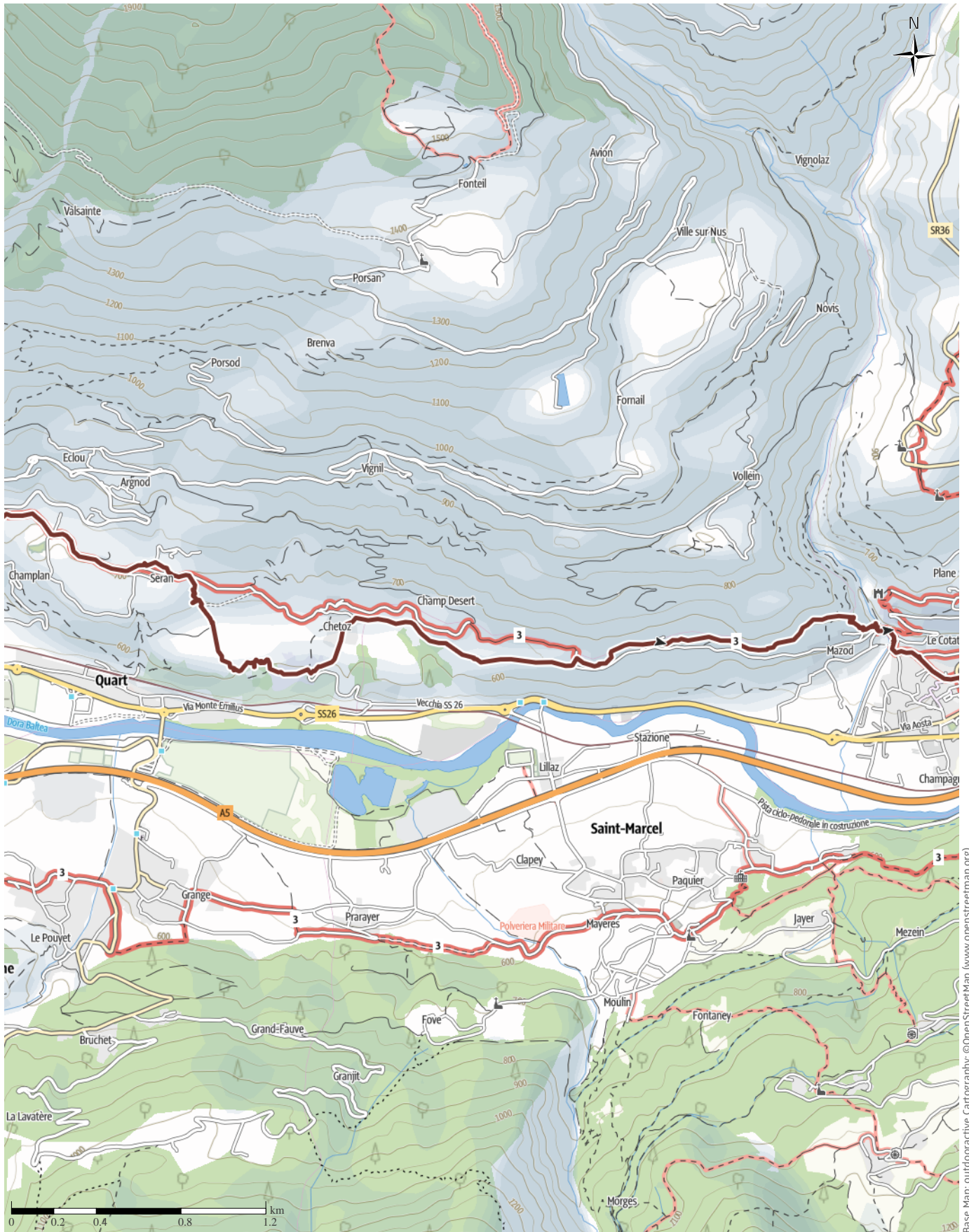
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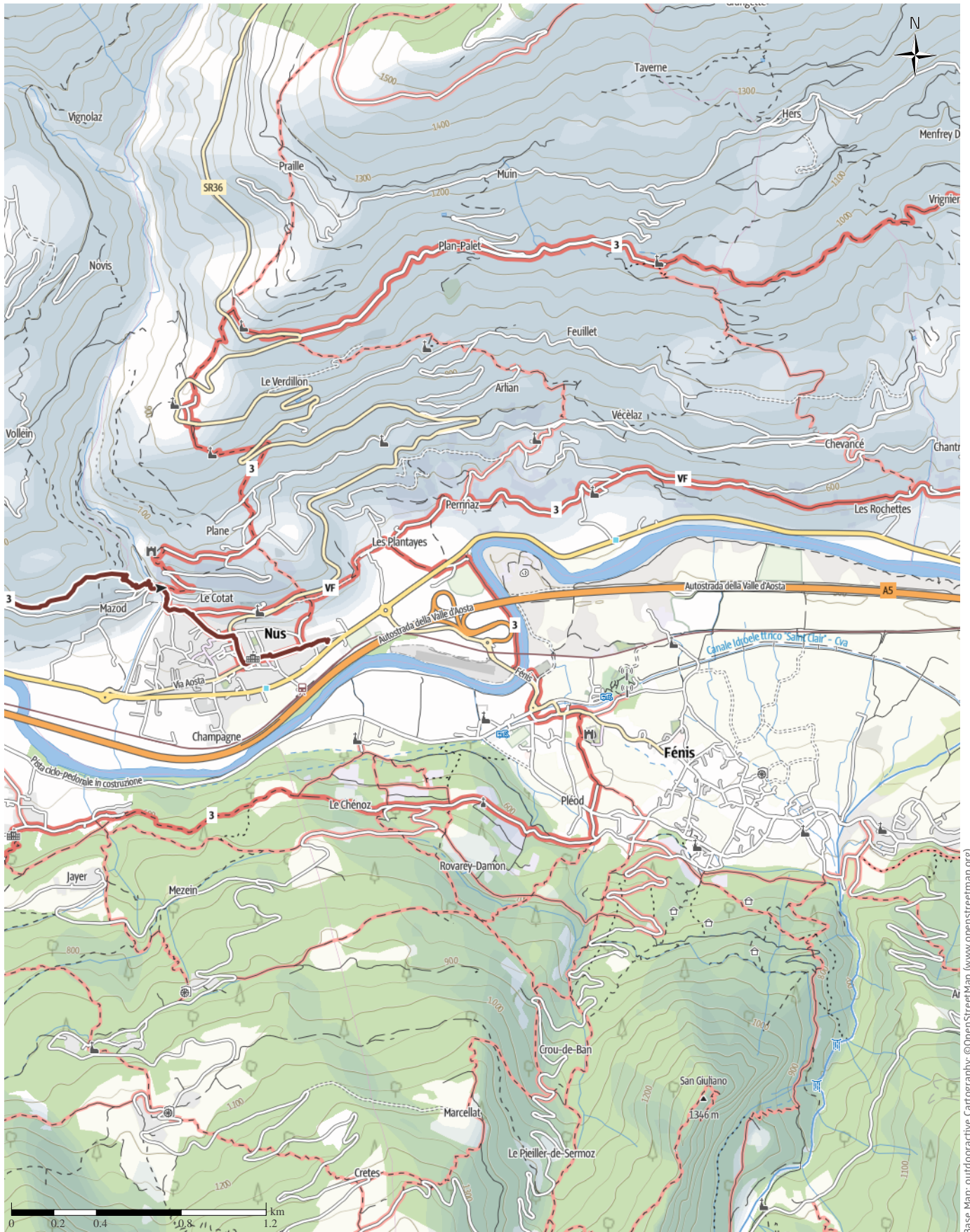
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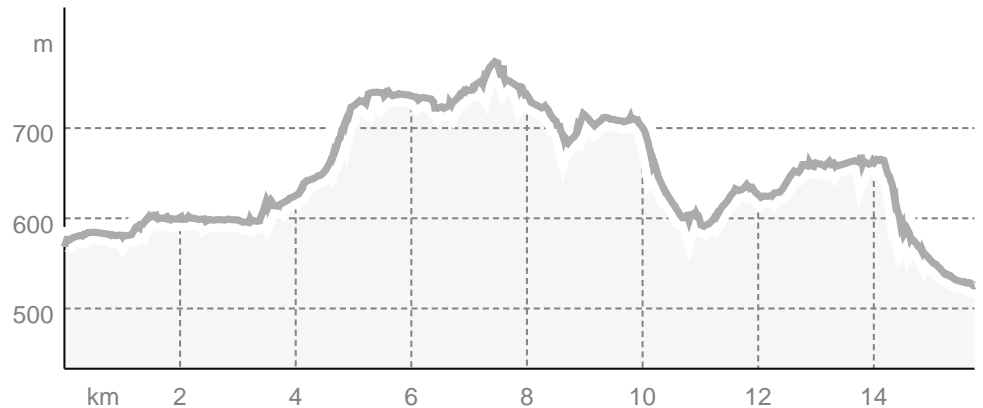


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Track types

Length 15.7 km

Elevation profile



route data

Pilgrim Walk

Distance 15.7 km

Duration 4:35 h

Ascent 317 m

Descent 360 m

Difficulty moderate

Stamina

Technique

Altitude

774 m

525 m

Best time of year

JAN | FEB | MAR  
 APR | MAY | JUN  
 JUL | AUG | SEP  
 OCT | NOV | DEC

Ratings

Authors

Experience

Landscape

Community

More route data

Properties

Linear route



Angus Carrick

Update: April 29, 2026

An up and down journey on ancient roads along the valley of the Dora Baltea River.

After looking at the location of the house where Saint Anlsem, 11th century archbishop of Canterbury lived, we set out. We left the Roman city of Aosta past a triumphal arch and over the roman bridge, and headed up the hillside on the north side of the valley of the Dora Baltea river, following the path of a covered "ru" water distribution system, until we came to Quart castle, originally 12th century but continually modified over the years. The afternoon sun got hotter and hotter,

with Sue's penknife reading 29 degrees! We took a wrong turn at a misleading arrow, and ended up struggling uphill through irrigation sprays. When we finally got back on the Francigena, we had a pleasant walk by the "rus" water channels, until we got to a steep downhill section with loose pebbles under foot. We picked our way painstakingly downhill, while joggers frolicked past us. We finally arrived at the hotel we'd booked for the night tired and exhausted, only to find there was no evening meal and the restaurants in the villag weren't open. So we got some pizza slices and beer to take back to the room. Our feet were killing us!

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website


https://out.ac/IgqRjA




















Photo: Angus Carrick, Community

### Legend









#### Topography

	Wood, forest
	Moor, swamp, marsh
	Heath
	Residential area with single building
	Industrial area with single building
	Cemetery
	Golf course
	Sportsfield, stadium
	Stadium
	Open-air pool
	Vineyard
	Petrograph
	Country border
	State border
	District border
	Contour line
	Special use area
	Nature reserve











#### Topographic signs

	Summit cross
	Elevation point
	Rock
	Cave
	Church
	Chapel
	Cemetery
	Palace/Castle
	Abbey
	Monument
	Ruin
	Mine
	Caim
	Broadcasting tower
	Windwheel
	Water-/windmill
	Viewpoint

#### Road and track

	Motorway
	Highway
	Statal road
	Road
	Main agricultural road
	Agricultural road
	Trail
	Via Ferrata

#### Lifts and railway

	Ropeway lift
	Gondola lift
	Chairlift
	Ski-, draglift
	Aerial ropeways
	Railway
	Suburban train
	Subway
	Tram
	Railway station