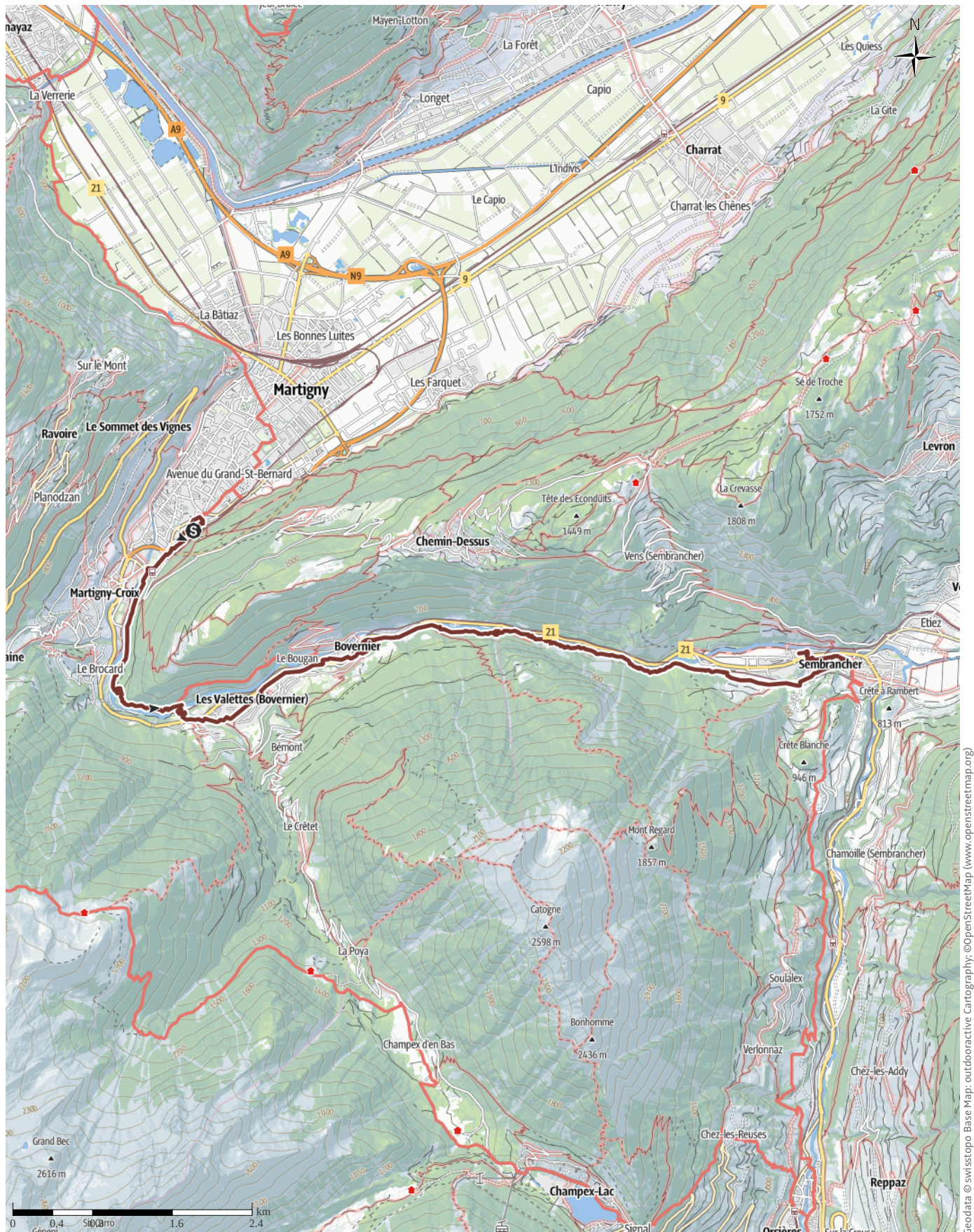


vf014 ViaFrancigena Martigny to Sembracher

↔ 13.6 km | ⌚ 4:20 h | 🏔️ 348 m | 📏 136 m | Difficulty moderate



vf014 ViaFrancigena Martigny to Sembrancher

↔ 13.6 km

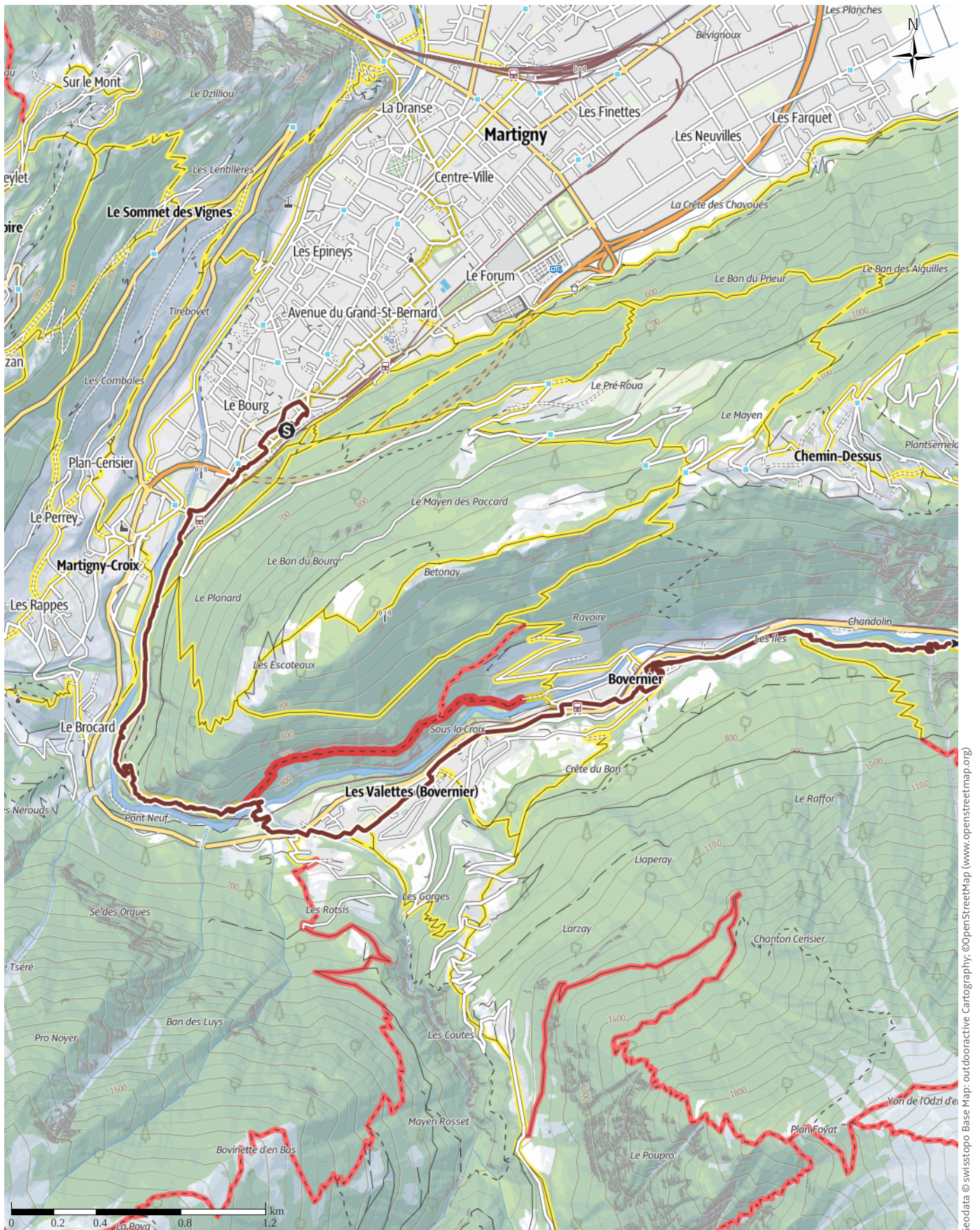
🕒 4:20 h

⬆️ 348 m

⬆️ 136 m

Difficulty

moderate

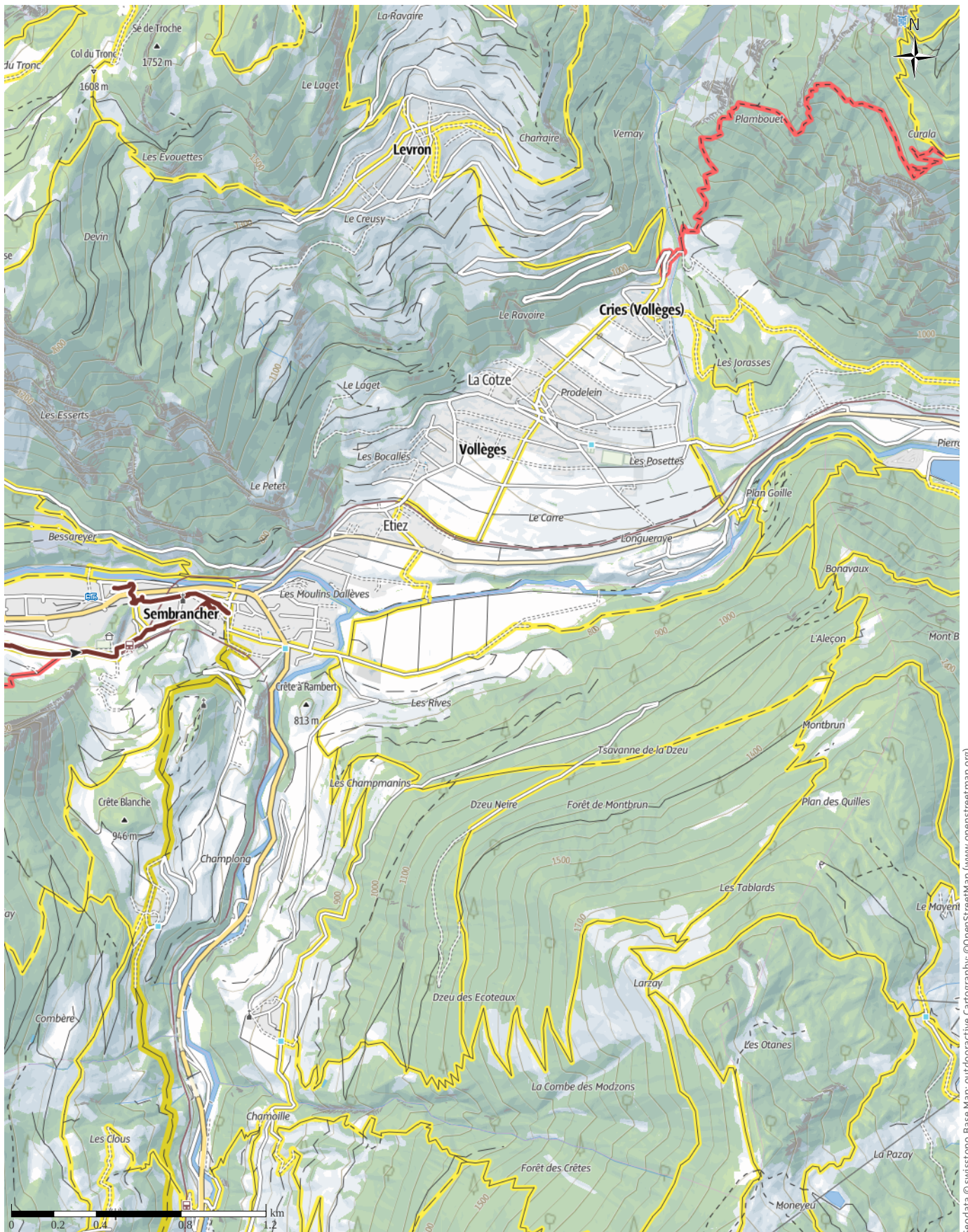


moderate



vf014 ViaFrancigena Martigny to Sembrancher

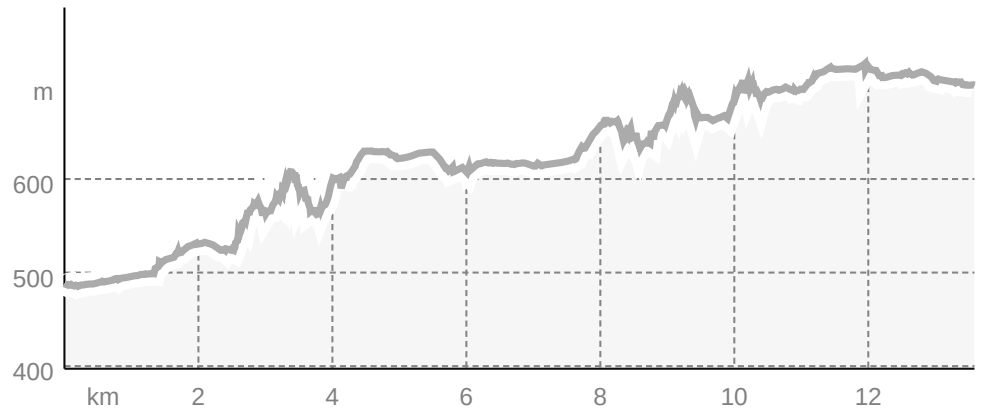
↔ 13.6 km | ⌚ 4:20 h | 🏔️ 348 m | 📏 136 m | Difficulty moderate



Track types

Length 13.6 km

Elevation profile



route data

Pilgrim Walk

Distance ↔ 13.6 km

Duration ⌚ 4:20 h

Ascent ▲ 348 m

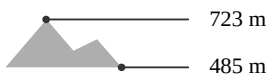
Descent ▼ 136 m

Difficulty moderate

Stamina ●●●●●

Technique ●●●●●

Altitude



Best time of year

JAN | FEB | MAR
APR | MAY | JUN
JUL | AUG | SEP
OCT | NOV | DEC

Ratings

Authors

Experience ●●●●●

Landscape ●●●●●

Community

More route data



Angus Carrick

Update: October 16, 2025

Quite a challenging walk from Martigny to Sembrancher, along steep valley sides, over mossy boulders, and through massive forests.

We returned to Martigny and stayed the night in the Youth Hostel, a converted 17th century building in the old town of Martigny-Bourg. The Roman town of Martigny has 2,000-years of history, and marks the beginning of the ascent towards the Great St. Bernard Pass. We set off from Martigny-Croix, crossing the Dranse on a bridge and heading up the valley. Although steep and narrow, this was not as bad as the guide book had made us fear, and we crossed the river again on a new suspension bridge, avoiding the steep section on the other bank. We had a slight scramble over a mud slide under the railway bridge, and continued up the valley side to Bovernier, with its murals and legend of Saint Théodule and Satan. From there, we had a

section along a busy road to an ideal lunch stop, before heading up into the valley sides, with recent avalanche scree and mossy boulders and mighty old tree roots to clamber around. Once in Sembrancher, we looked for a café in the old village to no avail, and so we went to the modern shopping area for a coffee and to stock up on supplies. We then decided to take the train on to Orsières, as it was getting late and we were hot and tired. Orsières is characterised by the unspoilt heart of its village and a church with a bell tower from the 1, 1th century, as well as for Maurice Tornay, born in La Rosière and killed in Tibet, made a saint in 1993. We had the church pilgrim hostel all to ourselves, and settled in for the night.

For more information and photos see [Angus&Sue's website](#).

Protected areas

Protected Area

Parc naturel régional de la Vallée du Trient

Takeaway route for iPhone and Android



Scan QR code, save this route
offline, share with friends and
more...

Website

<https://out.ac/ldrFoK>



Photo: Angus Carrick, Community

Legend

Topography

	Wood, forest
	Moor, swamp, marsh
	Heath
	Residential area with single building
	Industrial area with single building
	Cemetery
	Golf course
	Sportsfield, stadium
	Stadium
	Open-air pool
	Vineyard
	Petrograph
	Country border
	State border
	District border
	Contour line
	Special use area
	Nature reserve

Topographic signs

	Summit cross
	Elevation point
	Rock
	Cave
	Church
	Chapel
	Cemetery
	Palace/Castle
	Abbey
	Monument
	Ruin
	Mine
	Cairn
	Broadcasting tower
	Windwheel
	Water-/windmill
	Viewpoint

Road and track

	Motorway
	Highway
	Statel road
	Road
	Main agricultural road
	Agricultural road
	Trail
	Via Ferrata

Lifts and railway

	Ropeway lift
	Gondola lift
	Chairlift
	Ski-, draglift
	Aerial ropeways
	Railway
	Suburban train
	Subway
	Tram
	Railway station