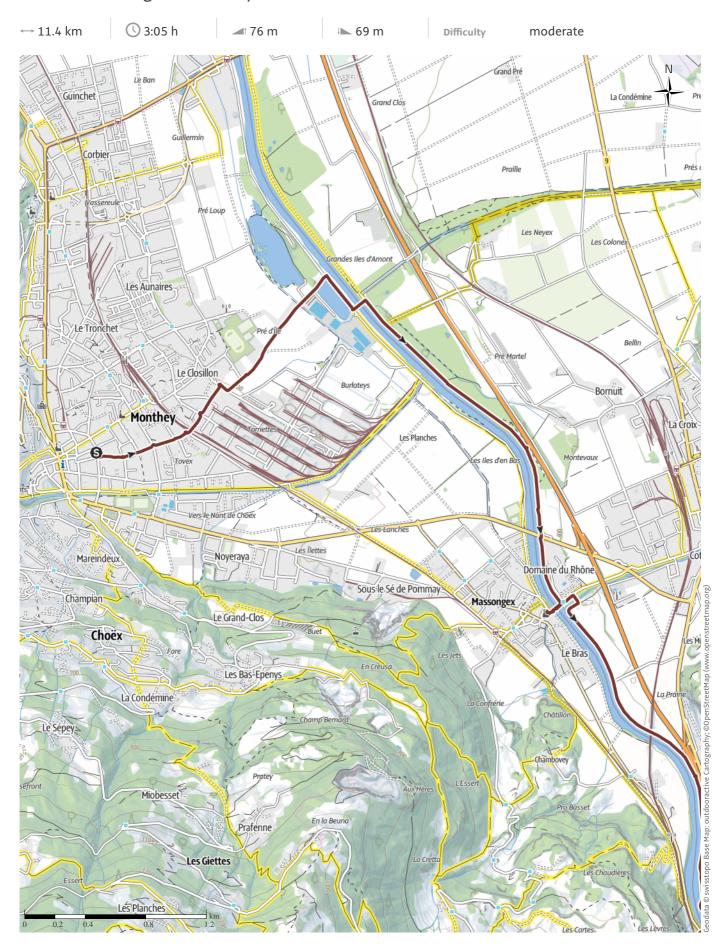
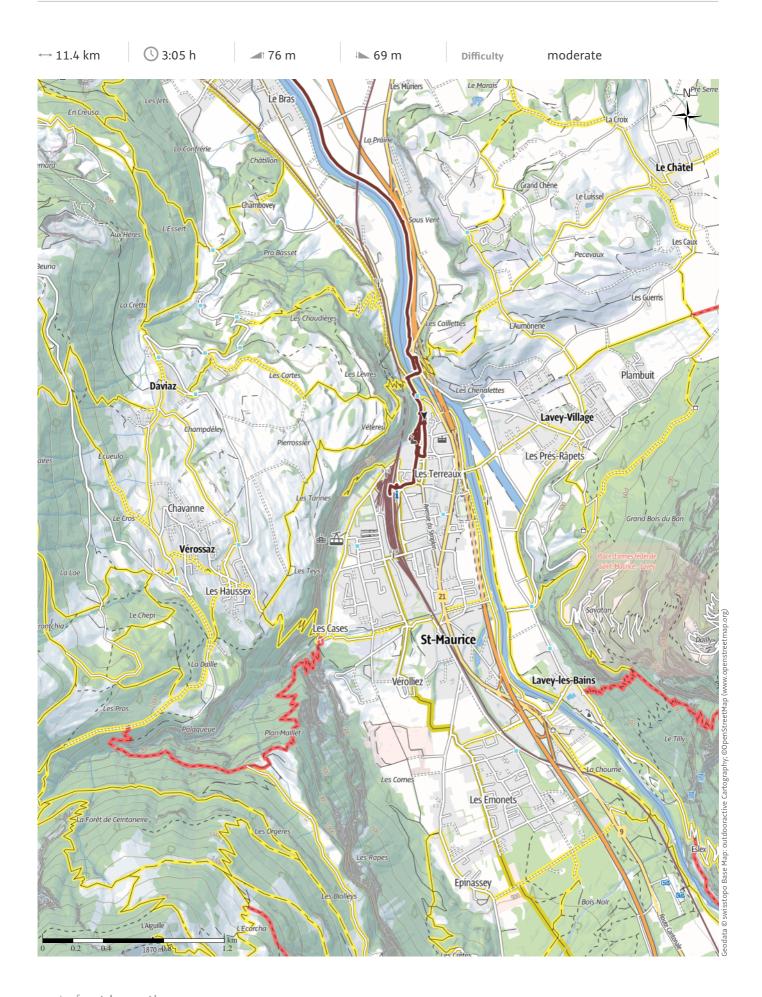
## vf012 ViaFrancigena Monthey to St.Maurice





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#### **Elevation profile Track types** - Length 11.4 km m 480 460 440 420 400 380 360 km 2 6 10 route data Best time of year Ratings **Pilgrim Walk Authors** Difficulty moderate JAN | FEB | MAR Distance 11.4 km ..... Stamina Experience MAY | JUN ..... Duration 3:05 h Technique 000000 Landscape Altitude OCT | NOV | DEC 76 m Community Ascent 450 m Descent 69 m 391 m

#### More route data



#### **Angus Carrick**

Update: August 16, 2025

# A pleasant walk along the Rhône, past hte ancient celtic capital of Valais to St.Maurice

After a coffee and croissant, we walked out through the industrial area of Monthey, crossed an interesting foot bridge, and set off along the bank of the Rhône. After a pleasant walk along the river, we crossed to Massongex, the ancient capital of Celtic Valais. From there, it was not long until we saw the castle guarding the entrance to St.Maurice, and then n to arrive at the Abbey. We had been there several times before, as it is also on the Camino of St.James, so we collected a stamp for our Franigena pilgrim pass, and enjoyed the cool of the Abbey before returning to our accommodation to avoid the heat of the day, Interestingly, St. Maurice. is the middle of the route from Canterbury to Rome are now right in the middle of the route. At the end of the 3rd century, a Roman officer named Maurice was executed

here for his Christian beliefs. A place of pilgrimage was then created, and the Abbey of St. Maurice was founded by Sigismund, the King of Burgundy, in 515.

For more photos and information, see <u>Angus&Sue's</u> <u>website</u>

#### Protected areas 🏿

Protected Area

Parc naturel régional de la Vallée du Trient

### Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

https://out.ac/IchHuX

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Photo: Angus Carrick, Community

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<b>Legend</b> Topography		Topographic signs	
φ	Wood, forest	<b>^</b> 1	Summit cross
2- 1- 1-	Moor, swamp, marsh	• 🛦	Elevation point
12.72.7.	Heath	3{}	Rock
		;,₹	Cave
	Residential area with single building	L	Church
-	Industrial area with single building	<b>*</b>	Chapel
	Cemetery	† <sup>†</sup> †	Cemetery
	Golf course	<b>#</b> ##	Palace/Castle
	Sportsfield, stadium	<del>-i</del> -	Abbey
	Stadium	•	Monument
		ដើ	Ruin
_	Open-air pool	*	Mine
TO THE POST OF SHAFE	Vineyard	∅ *	Cairn
Died in	Petrograph	" <b>」</b> "	Broadcasting towe
	Country border	<b>†</b>	Windwheel
	State border	<b>⊕ X</b>	Water-/windmill
	District border	*	Viewpoint
900	Contour line		
	Special use area		
_	Nature reserve		
Road and track		Lifts and railway	
A7	Motorway	<u>—</u> <u></u>	Ropeway lift
B309	Highway	<u>—</u> Б—	Gondola lift
L333	Statal road	<b>─</b> ——	Chairlift
OA8	Road	<del></del>	Ski-, draglift
	Main agricultural road		Aerial ropeways
	Agricultural road		Railway
	Trail		Suburban train
	Via Ferrata		Subway
			Tram
		т	Railway station

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